



NORTHEAST ISC AT VALLEY RINKS

SESSION II SCHEDULE - 2011

November 1st thru December 29th, 2011

Session III Schedule will begin January 3rd. Similar Schedule will be offered thru June 2012.

Skater's Name: _____ Phone: _____

Coach: _____ USFS #: _____ Highest USFS Test Passed: _____

1. Check the box next to the session(s) and class(es) you wish to book
2. Complete the Payment Contract form on the reverse side of this form
3. Submit the completed form along with the ice deposit to NEISC by **October 27, 2011.**
(please add \$15 late fee if contracting after October 27th)

LAWRENCE RINK

654 South Union Street - Lawrence, MA

TUESDAY: Nov. 1 - December 27th / 9 Weeks x \$13/session

FREESTYLE 6:00 - 6:50pm - \$117

FREESTYLE 7:00 - 7:50pm - \$117

WEDNESDAY: Nov. 2 - Dec. 28th / 9 Weeks x \$13/session

FREESTYLE 3:50 - 4:40pm - \$117

FREESTYLE 4:50 - 5:50pm - \$117

HAVERHILL RINK

7 Parkridge Rd - Haverhill, MA (Ward Hill Business Park)

THURSDAY: Nov. 3 - Dec. 29th / 8 Weeks x \$13/session

Note: NO ICE

Thurs 11/24

FREESTYLE 3:40- 4:40pm - \$104

Happy

MOVES (\$8/class) 4:40 - 5:00pm - \$64

Thanksgiving!

FREESTYLE 5:05 - 6:05pm - \$104

LEARN TO SKATE CLASS 6:10 - 6:50pm

See separate sign up sheet

SATURDAY: Nov. 5 - Dec. 17th / 6 Weeks x \$13/session

STRENGTH & CONDITIONING CLASS 9:00 - 9:40am

** See separate sign up sheet**

FREESTYLE 9:45 - 10:35am - \$78

MOVES (\$8/session) 10:35-10:55am - \$48

FREESTYLE 11:00 - 11:50am - \$78

Note: No Ice 11/26, 12/24 or 12/31

Sat Ice on 11/12 will be Moved to the Lawrence Rink

Schedule will be: Free 8:20-9:10, Moves 9:10-9:30 & Free 9:40-10:30

DESCRIPTIONS

MOVES SESSION - 20 min. of open ice restricted to skaters practicing moves-in-the-field patterns. NO INSTRUCTION is included, this is just open ice time specifically for moves - jumping or spinning will not be permitted during this time.

STRENGTH & CONDITIONING CLASS - 40 min. off-ice training class with licensed physical therapist, Kathy McPherson. Class will focus on learning the proper form and execution of stretching, strengthening & cardio exercises. See separate sign up sheet for more information & required pre-evaluation session.

Required Supplies: Sneakers & Exercise Mat

Additional Information

Only NEISC full representing & associate members are permitted to contract ice time. Applications are taken on a first come, first served basis. NEISC representing members receive preference when booking ice & walking-on to sessions. Non-members walking-on must have a current USFS membership number. Sessions subject to cancellation without enough contracts. Member contract rate is \$13 per session. **Member walk-ons will be \$16 per session & \$18 per session for non-members.** All skaters are expected to adhere to club freestyle rules. **Three make-ups will be permitted for each contracted session, skaters must complete make-up information with ice proctor before taking the ice.**

*** DON'T FORGET TO COMPLETE REVERSE SIDE & MAKE A COPY FOR YOUR RECORDS***

Northeast ISC at Valley Rinks

Haverhill Valley Forum - 7 Parkridge Road - Haverhill MA 01835

Phone: (978) 478-5213 / www.NortheastISC.com / email: northeastisc@yahoo.com



NORTHEAST ISC AT VALLEY RINKS

SESSION II CONTRACT

(NOVEMBER 1, 2011 TO DECEMBER 29, 2011)

Parents's Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Email Address: _____ Phone #: _____

1. Total the amount of ice time/classes you have checked on the reverse side
2. Complete the Payment Option information below
3. Submit the completed form along with the ice deposit to NEISC by October 27, 2011.
(please add \$15 late fee if contracting after October 27th.)

Total Amount Booked for Session II: \$ _____

Note: On occasion sessions will be cancelled due to holidays, events etc. Ice accounts will be adjusted accordingly.

PLEASE CIRCLE YOUR PAYMENT OPTION

Option 1

100% Due with Ice Form

Option 2

50% Due with Ice Form
Balance Due on Dec. 1st

Option 3

25% Due with Ice Form
25% Due on Nov. 15th
25% Due on Dec. 1st
25% Due on Dec. 15th

I agree to the terms of this contract: **Signature** _____ **Date:** _____

Please make check payable to: **Northeast Ice Skating Club**

Mail applications with Payments to: Attn: Northeast ISC - 7 Parkridge Road - Haverhill, MA 01835

Payment Method: _____ cash _____ check **Amount Enclosed:** _____

WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND PARENTAL CONSENT & INDEMNITY AGREEMENT - In consideration of myself or my minor child being permitted to participate in any way in Northeast ISC (NEISC) / The Skating Club of Andover ("SCA") in sponsored Activities ("Activity"), I agree: 1. I understand the nature of NEISC/SCA activities and my, or my minor's, experience and capabilities & believe me, or my minor, to be qualified to participate in such Activity. I further acknowledge that I and/or the minor are aware the activity will be conducted in facilities that are open to the public during the Activity. I further agree & warrant will instruct the minor that if at any time the minor believes the conditions to be unsafe, he/she will immediately discontinue further participation in the activity & I will do the same for myself. 2. I fully understand that: (a) NEISC/SCA activities involve risks and dangers of SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS and DEATH; (b) these risks may be caused by my own actions or inactions or the actions or inactions of the minor, the actions or inactions of others participating in the activity, the condition in which the Activity takes place, or the NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time, and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES incurred as a result of my or my minor's participation in the Activity. 3. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS NEISC/SCA, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers and if applicable, owners and lessor of premises on which the Activity takes place (each considered one of the "Releasees" herein) from all liability, claims, damages, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the "Releasees" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, the minor, or anyone on the my or the minor's behalf makes a claim against any of the "Releasees" named above, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY OCCUR AS THE RESULT OF SUCH CLAIM. I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND IT'S TERMS, UNDERSTAND THAT I AND/OR HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY THE LAW THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THAT THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE & EFFECT.

Skaters Name (Please Print): _____

Signature (Parent/guardian if member/skater under 18): _____ Date _____

Emergency Contact Information:

Name: _____ Phone: _____ Relationship: _____

Name: _____ Phone: _____ Relationship: _____

Office Use Only: Payment 1 _____ Payment 2 _____ Payment 3 _____ Payment 4 _____